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[Vaccine-Autism Link is No Longer in Question](#)

Byron Richards, CCN

# **CNN HELPS AUTISM DEBACLE BLOW UP IN GOVERNMENT'S FACE**

By Byron J. Richards, CCN

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On April 2, 2008 CNN spent the day bringing awareness to the problem of autism. Larry King's segment, which included Jenny McCarthy along with a panel of guests, was particularly enlightening. My hat is off to Jenny, a celebrity mother who is making it quite uncomfortable for the Center for Disease Control (CDC) to ignore parents of Autistic children seeking answers. Why does a mom have to do the work of the CDC? The answer is rather simple: our government's zeal to insist on too many vaccines while ignoring the actual risks is the driving force behind the autism tragedy. Sure there are many related factors – but the bottom line is that our government is causing disease at an alarming and devastating pace.

It is an interesting comment on our society that an outspoken and impassioned mother of an autistic child, along with her partner (actor Jim Carrey), are the catalysts that are likely to cause a warped empire to crumble. Many

before them have tried; and typically been burned at the stake. Jenny and Jim are the government's worst nightmare. They can't shut down their medical practice because they don't have one. They can't financially damage them into silence. And as they lead their autism March on Washington D.C. this June 4th it is quite clear that they haven't a prayer of shutting them up. A powder keg is about to blow.

Jenny, to her credit, takes a diplomatic view on vaccines. Here main point is that there are too many vaccines given too soon and that the vaccines contain too many toxic components. As both a leading defender of health freedom in this country and a top nutritionist who has helped numerous autistic children, I am more than happy to put the entire problem into perspective and give insights that will help many parents.

### **A Brief History of Vaccines, Profits, and Politics**

Vaccines started the Big Pharma sickness industry over 100 years ago. While the public views vaccines in a preventive health context our government's position is much more complex. Vaccines and germs are part of warfare, and the issue is deeply woven into national security interests. Military personnel are frequently subjected to experimental vaccines. Vaccines are a key component of herd mentality; i.e., the ability of those in power to get a population to behave. Public health is never in the best interest of any one person, which is why laws are concocted to enforce compliance. Unelected bureaucrats and scientists in our government agencies, tied financially to the profits of the drug industry and linked to the military, have been playing God for many decades. They know full well there will be deaths and injuries from vaccinations; collateral damage that is justified by prevented disease (a convenient and fear-

driven argument).

Our government has no problem manipulating data so that the benefits appear to outweigh the risks. Imagine having a calculator that always has the same conclusion no matter what data is entered. How can the risk of injuring 1 in 150 children for life be acceptable to Big Pharma and the revolving door CDC and FDA management? Any business would love to have the opportunity to produce a product and have the government mandate its sale. Government officials find lucrative jobs in the industries they regulate – after doing “good work.” Autism is partly a side effect of the cancer within government agencies.

Our government will never pay the price to screen children at risk for autism – that would be too proactive and expensive on the front end. They won't even prepare a reasonable patient history checklist that reflects obvious risk for vaccine injury – as too many parents would opt out. Rather, our government specializes in lazy medicine – fire a shotgun and if someone gets injured it is their fault for standing there. Costs are now the burden of families on the back end of the equation; more profits for the sickness industry. If autism didn't have painful little faces connected with it this problem would simply be swept under the rug, as is the 100,000 Americans (mostly elderly) killed by Big Pharma drugs every year.

The problem for our government is that an admission of guilt on the autism-vaccine link causes the entire paradigm of the Big Pharma-driven Western-medicine sickness industry to collapse. Even worse in their eyes, it would send an earthquake through the brotherhood of Big Pharma, public health, the CDC, the FDA, the global elite, and the military. Other public health programs would be questioned – like

polluting our water with a neurotoxin called fluoride that makes a population more docile and controllable.

Unfortunately for parents combating autism, the problems of their child is only a portion of the issue they now must try to solve. They are up against a government dead set on preventing the truth from ever coming out. Once cornered, our government will play the national security card before fessing up to their sins or making any real effort to correct the damage they have done.

### **A Major Crack in Our Government's Armor**

The case of Hannah Poling is raising quite a stir. She is now 9 years old. As a healthy and normally developing 18-month-old girl she showed up for her well baby visit and was pummeled with 9 vaccinations, two of them containing the mercury preservative known as thimerosal. Her health immediately deteriorated into full blown autism.

Her case was the first to be settled of 4,900 autism cases pending before federal Vaccine Court. She claimed that mercury-containing vaccines were the cause of her autism. In a shocking turn of events the federal government conceded this autism case saying that “compensation is appropriate.”

However, our government refused to admit vaccines caused her autism. Indeed, the government settled the case before there was even a hearing. The last thing the government wants is to put vaccines on public trial, and place pictures of injured children on the news every night, especially when the evidence of the case is so clear that vaccines will certainly lose.

Rather, the CDC is hinting that it was Hannah's mitochondria that were to blame, not the vaccines. This argument opens another Pandora's box (more on that later).

The defendant in all vaccine cases is the Department of Health and Human Services. The CDC is part of the Department of Health and Human Services. Talk about conflict of interest! A pack of foxes is in charge of the national chicken coop.

### **How Our Government Defends Itself When It Is Clearly Wrong**

It is somewhat unfortunate that those who have helped to champion the cause of our government's involvement in vaccine injury have placed so many eggs in the thimerosal basket. Of course mercury is a nerve toxin and its involvement in autism is likely as a percentage of the problem. However, neither thimerosal nor any single vaccine is an adequate overall explanation for autism. .

Our government is using various studies to deflect the vaccine-autism link. These studies relate to thimerosal and MMR vaccines, but not to the collective number of vaccines given at one time and the overall number of vaccines given so early in life (the real problem). This flimsy government defense ([read their vaccine studies here](#)) is being used to deflect attention away from vaccines as a causative link to autism.

This is a classic stalling tactic used by corrupt government and industry when they have been caught red-handed. This approach involves acknowledging certain aspects of the problem, making changes (they took thimerosal out of many vaccines), creating doubt (their "study" defense), and then

continuing with the mass vaccination program even though they know it causes harm. This strategy will deflect most of the legal liability from vaccine-related injury, delaying it and then minimizing it over time. A legion of government-funded scientists can be paraded in a courtroom for decades with the sole purpose of creating doubt and delaying taking responsibility for the problem. An admission of guilt opens a floodgate of liability lawsuits.

They think their skimpy studies give them breathing room so that they can now direct attention elsewhere to mysterious possibilities like genetics or environmental toxins that will also take them decades to figure out. True enough, these issues are also a percentage of the problem – so much so that they can be used to confuse the vaccine link for a long time. The government’s defense is always that more research is needed. This is not research that proves what they are doing is safe before they continue to do it; it is research that proves what they are doing is harmful before they stop doing it. Unfortunately, behind closed doors they cherry pick their research results as well as what they choose to study.

In the mean time these unelected bureaucrats continue to unabashedly administer a vaccine program that injures and kills. Most societies would either call this murder or involuntary manslaughter. Why don’t we hear Bush, McCain, Clinton, or Obama weighing in on this issue? Why don’t they stand on stage with a group of autistic children and tell mothers everywhere how important vaccines are?

When the Hannah Polling case got on the radar map and blew up in the government’s face, a damage control press conference was held. [Dr. Julie Gerberding](#), Director of the CDC, stated, “There’s absolutely nothing changed in the adamant recommendations that we are making to get

children vaccinated. This is proven to save lives and is an essential component of health protection for children across America and the world.” Dr. Gerberding should be the first to stand trial.

## **Why Vaccines are a Problem**

It is quite clear that the rate of autism in this country is directly time-associated with the increased numbers of vaccines given to children. The explosion in autism between 1987 and 1992 coincides with the tripling in the numbers of vaccines given to our children. While such data is not proof of cause and effect, it is significant and cannot be ignored by any responsible parent (it is ignored by the government and medical profession).

Numerous parents report taking their healthy child to the doctor, getting a barrage of vaccinations, having their child run a high fever, and their child never again being the same. **THAT IS THE REAL PROBLEM THAT PARENTS SEE WITH THEIR OWN TWO EYES.**

The current government strategy is to keep arguing about thimerosal and MMR vaccines – as they know they can create enough doubt to win that argument in the majority of the scientific community. What the government does not want to discuss is the adjuvant in vaccines – which will clearly be shown to be the autism trigger.

Vaccines contain weakened “signatures” of a disease. By themselves they are not strong enough for the immune system to mount a response. This problem is solved by adding a “booster” compound called an adjuvant. An adjuvant does not contain any signature of the disease. Rather, the adjuvant initiates an inflammatory reaction (the

first step in any immune response). The idea is to get the immune system revved up so that it can see the weakened disease and learn what it looks like so that if it ever sees it again it will be more prepared to fight it. This concept, in and of itself, has validity – but only given the right set of circumstances.

It is clear that those with autism have an [excessively inflamed brain](#). If pressed, the CDC would likely argue that the brain inflammation is a result of the autism and that they need more studies to determine the cause. I will argue that they don't need any more studies at all and that the cause is blatantly obvious based on an understanding of existing science. The [multiple inflammatory insults](#) from the [adjuvant in vaccines](#), at a rate of 1 in 150 cases, sets the brain on fire and causes autism. As an aside, and to a lesser extent (but just as important to society), a minor brush fire causes ADHD and impaired intelligence.

## **How Your Brain Works**

The crumbling paradigm of Western medicine likes to break down body function according to convenient classifications such as nerves, immunity, hormones, etc. In reality your brain is a central processor of all systems in your body and thus has connections that link nerves, immune function, and hormones into one symphony of function. In other words, it is not possible to study only neurotransmitters like serotonin or dopamine and actually understand what your brain is doing.

Ten percent of the cells in your brain are neurotransmitter related. The other 90% are glial cells, also called astrocytes. For decades scientists thought that 90% of your brain was nothing more than a structural framework, simply because

scientific tools were not adequate to understand what glial cells were doing, but that has changed in the past 10 years. Glial cells run your brain and your neurotransmitters. They are the brokers of all information coming into your brain – with direct links to your immune system and endocrine system (hormones).

Glial cells are the inflammation brokers in your brain. When stress, a toxin pollutant, or a destructive food additive (like MSG, aspartame, or food coloring) enter your brain they induce excitotoxic reactions that inflame brain cells. This inflammation is buffered primarily by the hormone leptin and other antioxidants, a process that intimately involves the healthy function of glial cells.

When the buffering anti-inflammatory capacity of glial cells is overloaded, then inflammation becomes chronic. Minimally, this results in brain wear and tear. It is the mechanism behind all accelerated brain aging and, depending on a person's genetic weaknesses and other health issues, leads to various states of early cognitive decline and nerve-related diseases of aging such as Alzheimer's.

There is also a point at which low grade brain inflammation catches fire. In adults with an established nerve network this causes a "power outage" in the head, otherwise known as spreading depression. Such an event is typically triggered by emotional pain or physical pain of a prolonged nature or acute intensity (elevating substance P to abnormally high levels). Such trauma pushes struggling nerves over the edge.

The difference in a fetus or small child is that the nervous system is still rapidly evolving. If the brain catches fire at this age proper development of the nerves can be seriously

disturbed (the autism spectrum of disorders) or functionally impaired (ADHD, lower IQ).

The adjuvant in vaccine is pro-inflammatory; i.e., neurologically excitotoxic. That is intentional so as to boost the effectiveness of the vaccine. The problem comes about when giving so many of them at once, which can injure even a perfectly healthy child. Giving multiple adjuvants is like playing Russian roulette with a child's brain. Children with already inflamed nerves are at much higher risk for reacting to multiple vaccines, as their nerves have been conditioned to hyper-react. Don't think for a moment that Dr. Gerberding and other scientists at the CDC aren't fully aware of this issue.

## **Government Responsibility**

Our government has the responsibility to prove the safety of any vaccination being recommended for broad public health, as part of an overall vaccine program. Our current knowledge of science, the immune system, and the brain would make it unlikely that broad vaccine programs could ever be approved for use today if they hadn't been going on for so long.

Our government is not only grossly negligent on the vaccine issue itself, but on numerous other true public health issues that pose a significant risk for brain inflammation in fetuses and children. The CDC, the EPA, and the FDA all play large roles in creating huge autism risk for our population.

Space in this article only allows a few examples; there are many. Environmental pollution that is fat soluble can cross the placenta, exists in mother's milk, or occurs in the general food supply fed to small children. Fat soluble toxins cross the

blood-brain barrier and induce nerve inflammation.

Huge public health risks include widespread contamination of our food supply with fat soluble PCB toxins, a problem that would cost at least 50 billion dollars to clean up. Another example of broad exposure is the neurotoxic pesticides used on food (originally Nazi nerve gas agents). Another example is the military's poisoning of our water supply with perchlorate, a contaminant now found in breast milk of mothers across the country. This interferes with thyroid function in the baby, resulting in a serious risk for faulty brain development.

Another example is iron fortification of baby formulas, which encourages the growth of hostile bacteria and *Candida Albicans* in the child's digestive tract; organisms that produce neurotoxic waste products. Another example is the use of antibiotics before age 1, which also encourages the growth of the very same hostile bacteria and *Candida*. C-Section deliveries also increased the risk for a hostile digestive terrain in the baby. *Candida* itself directly communicates to and promotes inflammation in the human immune system causing it to malfunction.

Yet another example is the widespread use of antidepressants by pregnant and nursing mothers, which drastically disturbs the evolving function of nerves and overall health of the fetus or baby. And then there is the vaccine preservative thimerosal (different than an adjuvant), which is a neuro-inflammatory in and of itself. And this is the short list.

All of these issues play a role as a percentage of the problem that induces friction in the developing nervous system of a fetus, baby, or young child and primes the nerves to hyper-

react to vaccines. Each of these problems is a true public health problem because they are caused by industry and are allowed to continue by various vested interests. Each one will take tens of billions of dollars to fix. However, that is actually the responsibility of government – to fix costly and broad public health problems – not to make them worse.

## **The Genetic Red-Herring**

The case of Hannah Poling has forced our government to show its hand – and a very weak hand it is. They will continue to bluff and confuse the public with scientific gibberish in an effort to misdirect. Their defense in the Poling case, even though they conceded the case, is that the child had genetic mitochondrial dysfunction.

Mitochondria are the car engines in your cells that produce energy (ATP). ATP is the energy currency in your body, much like money in your wallet. You spend ATP, as needed, to do anything. Inflammation uses up ATP by causing your body to go into a hyper mode (like a 911 phone call). If ATP production is compromised then inflammation can run wild – contributing to the brain fire called autism.

True mitochondrial gene mutations are too rare to explain autism, so the government is trying to blame this mechanism in the Poling case to deflect the idea that vaccines are a risk for the majority.

What the government isn't saying is that, independent of a true genetic issue, mitochondria can be taxed into a state of stress that predisposes any child to autism risk. You don't need to have a gene mutation; that is simply a diversion and cover-up attempt.

Furthermore, the glial cells in your brain use ATP to communicate, a separate function than energy currency. This means that any time you run low in overall body energy, brain function is compromised and tilted into a pro-inflammatory mode. This is why stress makes you tired and causes you to feel physical wear and tear. It is also why any time you exercise, which conditions your body to make ATP more efficiently, your head feels better. When glial cells run low on ATP they enter a low grade chronic inflammatory mode – a condition that seriously predisposes to vaccine injury.

## **Reducing the Risk for Adverse Vaccine Reactions**

The bottom line for any parent is to not expose their child to vaccines under circumstances that are likely to increase the odds of a brain fire that results in autism. Fewer vaccines in general, not giving so many at once, and giving them at older ages are all common sense.

Additionally, proper nutrition during pregnancy, during lactation, and the overall fitness and health habits of the mother have a profound effect on having a child with a stronger nervous system. It is quite clear that the obesity hormone [leptin is elevated in the blood of autistic children](#). This is a risk factor linked to obesity in the mother with consequent abnormal fetal programming of the developing brain which is then handicapped to buffer inflammation from toxic exposure like vaccines.

High leptin in the blood means that leptin isn't getting into the brain. Leptin is the primary buffer in the brain against inflammatory excitotoxic damage. This is why boys have four times the rate of autism compared to girls. Girls have naturally higher levels of protective leptin in their brains,

mostly to help them get pregnant and nurse their children in later life. My books on leptin ([Mastering Leptin](#) and [The Leptin Diet](#)) explain how leptin works in much greater detail. A mother's health and eating habits, prior to and during pregnancy, play a large role in the health of her baby's nervous system.

Likewise, family stress during pregnancy and early childhood development are important to how a child processes stress and consequent nerve inflammation. Conflicts between husband and wife, in front of a child (including a child in the womb), primes nerves to be inflamed. Providing a stable environment for mother and child is a main reason for the family unit – and in my opinion the responsibility of men.

Thus we see that there are multiple factors, some under your control and many that are not, acting in one way or another to prime the nerves into a chronic low-grade inflammatory state which sets the stage for increased risk of vaccine injury.

One of the very worst times to vaccinate a child is directly after an illness or surgery – which are highly inflammatory events. Unfortunately, doctors don't seem to understand health very well and it is often the case that the parent has brought the child to the doctor because of an illness or a follow up from some other medical procedure. At that time the doctor says "Oh, your vaccinations are not up to date." And then gives them to a child who is already neurologically inflamed. Such medical malpractice is a disaster, and common in this country.

Parents who have children with digestive problems, recurring infections, asthma, allergies, or any other sign of immune weakness should not vaccinate until such problems are fully resolved. These problems also indicate a high level

of existing brain inflammation.

It is pathetic that the CDC does not publish a list of guidelines for parents that would dramatically reduce the risk for vaccine injury (low cost and low tech). The “more research is needed” excuse is enough to make everyone vomit. Of course we could do far more by screening for inflammatory brain markers and immune system dysfunction ahead of any round of vaccines (high cost and high tech). The days of blindly vaccinating children according to a schedule, while ignoring the child’s state of existing nerve inflammation and immune system function are over. Parents should revolt. This is a national tragedy. The government’s vaccination program is indeed the cause of the autism epidemic.

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Byron J. Richards, Founder/Director of [Wellness Resources](#), is a Board-Certified Clinical Nutritionist and nationally-renowned health expert, radio personality, and educator. He is the author of [Mastering Leptin](#), [The Leptin Diet](#), and [Fight for Your Health: Exposing the FDA's Betrayal of America](#).

Richards encourages individuals to take charge of their health, stand up for their health rights, and not blindly succumb to propaganda from the vested-interests who profit from keeping Americans sick. As founder of Wellness Resources, Inc. of Minneapolis, MN, an independently-owned fine-quality dietary supplement company since 1985,

he has personally developed 75 unique nutraceutical-grade nutritional formulas. [www.wellnessresources.com](http://www.wellnessresources.com)

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E-mail: [byron@truthinwellness.com](mailto:byron@truthinwellness.com)